

NHLCA DRILL OF THE MONTH

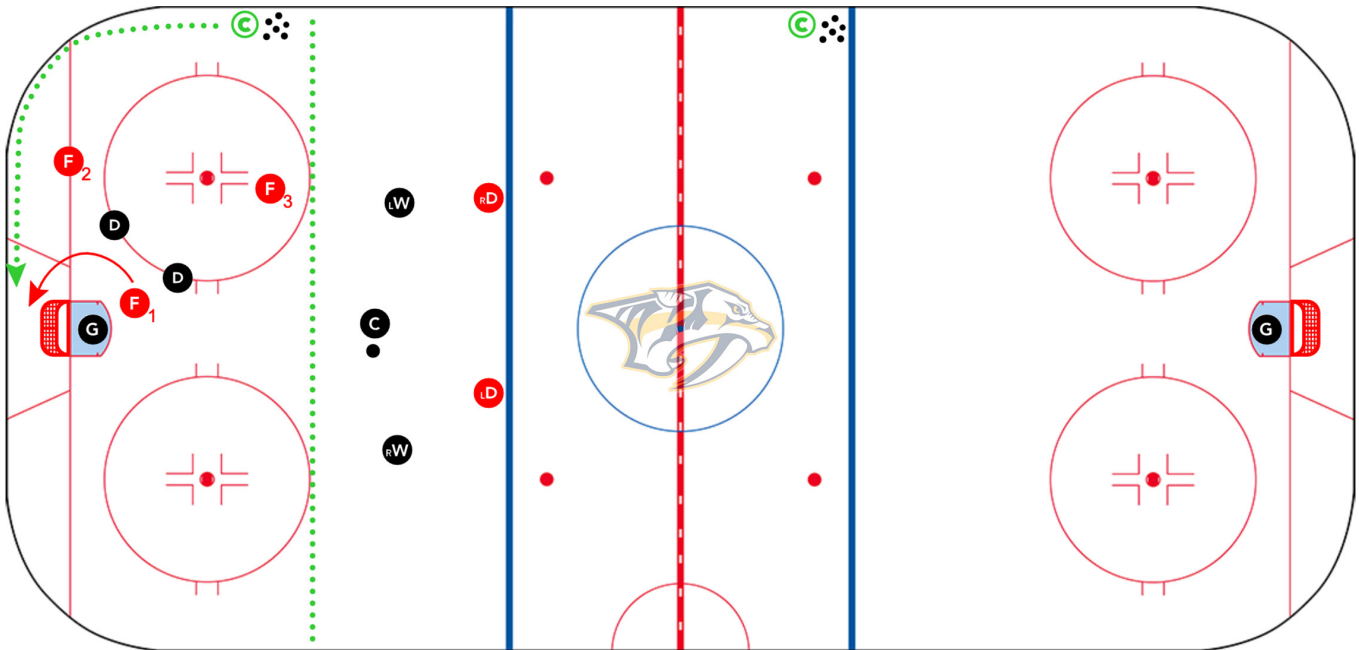
JUNE 2022

3 VS 2 LOW INTO 5 VS 5

Category: Defensive Zone Coverage

Team: Nashville Predators

- Description:**
- Coach spots a puck behind the net. Red **F**s play black **D** 3 vs 2.
 - Black **F**s and red **D** stay above the tops of the circles.
 - Coach continues to spot pucks until whistle.
 - On whistle black **F**s take off against red **D** 3 vs 2 and red Fs on offence transition to defence. Play it out 5 vs 5 in OZ, 2nd coach can spot pucks in OZ as needed.



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