

NHLCA DRILL OF THE MONTH

AUGUST 2022

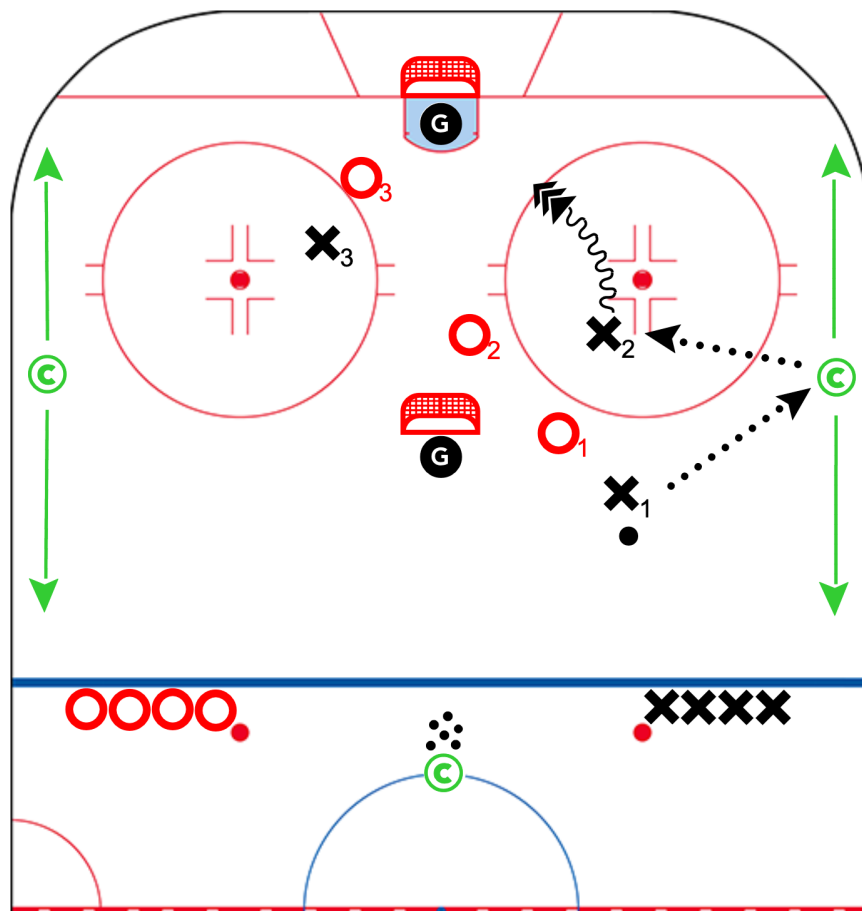
MADS 3 VS 3

Category: Small Area Drills & Games

Team: San Jose Sharks

Description:

- Set one net in the standard position in the crease and a second net between the circles, facing the blue line.
- Play 2 vs 2 in the zone with a coach along each wall (always on offence).
- Players must pass to one of the coaches on change of possession before attempting to score. Coaches can move laterally along the wall and must pass back to the team that passes to them.
- Teams can score on either net.



© 2022 NHL Coaches' Association, Inc. The material may not be reproduced or distributed, in whole or in part, without the prior written permission of the NHLCA. Any other reproduction or distribution, in whatever form and by whatever media, is expressly prohibited without the prior written consent of the NHLCA. NHL and the NHL Shield are registered trademarks of the National Hockey League. All NHL logos and marks and NHL team logos and marks depicted herein are the property of the NHL and the respective teams and may not be reproduced without the prior written consent of NHL Enterprise, L.P. © NHL 2022. All Rights Reserved. Used with permission.