## **NHLCA FEATURE DRILL**

## 2022-23 NHL Season - #8

## **3 DOT SHOOTING**

Category: Shooting

**Team:** New York Rangers

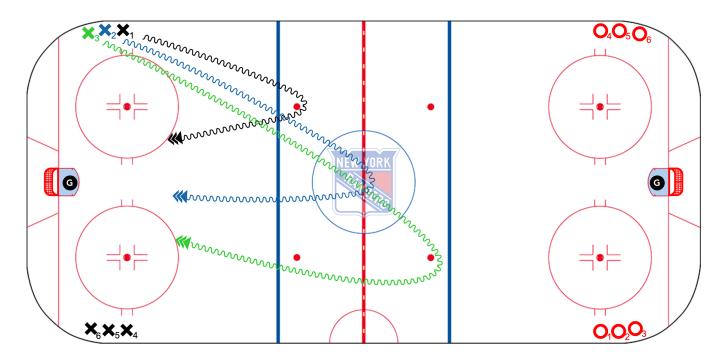
**Description:** – On whistle, 3 **X**s & 3 **O**s leave from opposite corners.

- 1st player goes around near blue neutral zone dot.

- 2nd player goes around center dot.

- 3rd player goes around far blue dot.

- Alternate sides on the whistle.





© 2023 NHL Coaches' Association, Inc. The material may not be reproduced or distributed, in whole or in part, without the prior written permission of the NHLCA. Any other reproduction or distribution, in whatever form and by whatever media, is expressly prohibited without the prior written consent of the NHLCA. NHL and the NHL Shield are registered trademarks of the National Hockey League. All NHL logos and marks and NHL team logos and marks depicted herein are the property of the NHL and the respective teams and may not be reproduced without the prior written consent of NHL Enterprise, L.P. © NHL 2023. All Rights Reserved. Used with permission.