

# NHLCA FEATURE DRILL

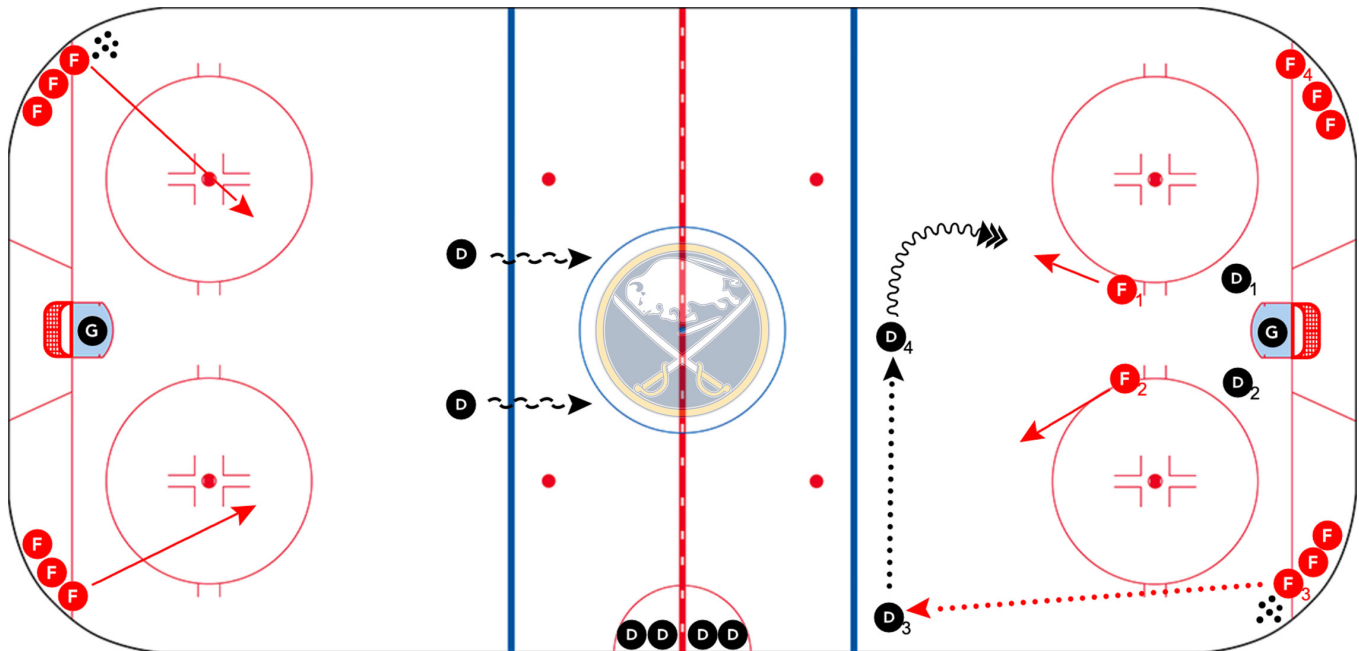
2022-23 NHL Season - #12

## RICO 2 VS 2

**Category:** 1 on 1 / 2 on 1 / 3 on 2

**Team:** Buffalo Sabres

- Description:**
- To start drill, 2 vs 2 to the net front at the far end.
  - On first whistle:
  - **F 3** pass to **D 3**.
  - **D 1** - **D 2** and a shot on net.
  - **F 1** & **2**, pressure out. **F 3** & **4** go to the net.
  - **D 1** & **2** box out the forwards or front shot.
  - On second whistle:
  - **F 3** & **4** retrieve a new puck and go 2 vs 2 against **D 3** & **4**.



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