

# NHLCA FEATURE DRILL

2022-23 NHL Season - #14

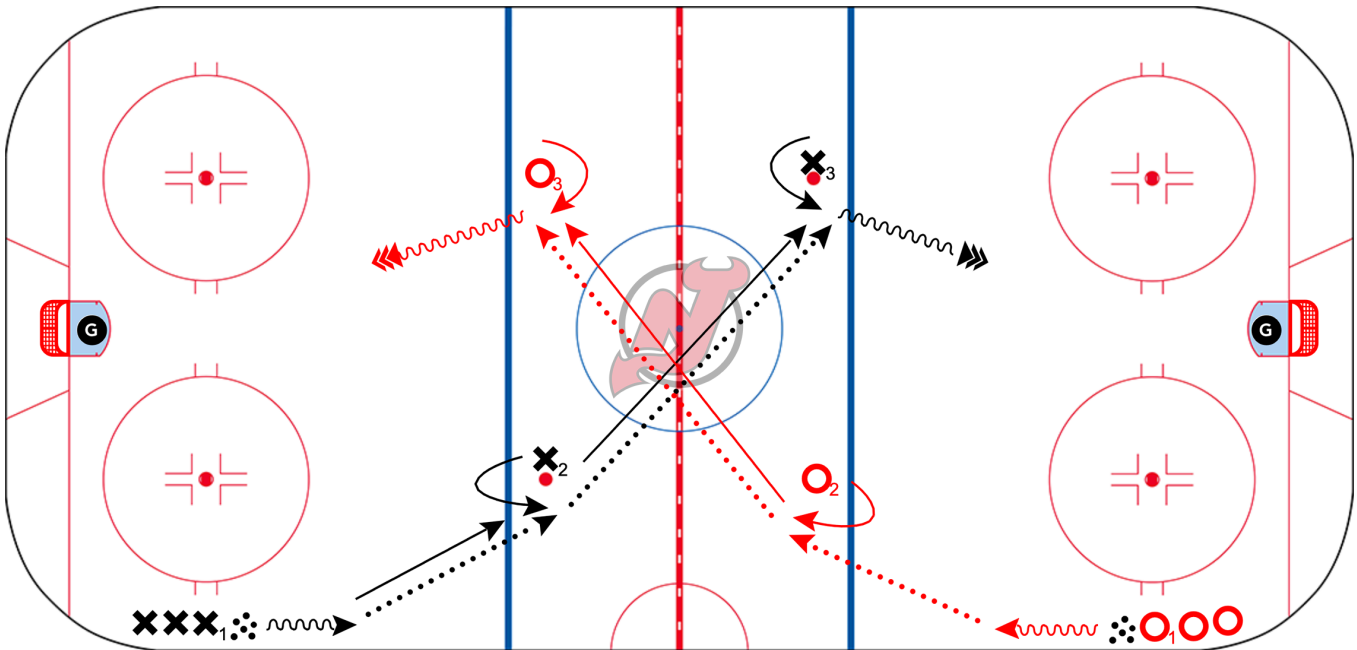
## CONTINUOUS QUICK UP

**Category:** Shooting

**Team:** New Jersey Devils

**Description:**

- Both sides run at same time.
- **X1** skates and makes pass to **X2**.
- **X1** follows pass, goes around dot facing back to the line and is now **X2**.
- **X2** receives pass and passes to **X3** who goes in for the shot.
- **X2** follows pass, goes around dot facing back to previous dot and is now **X3**.



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