

NHLCA FEATURE DRILL

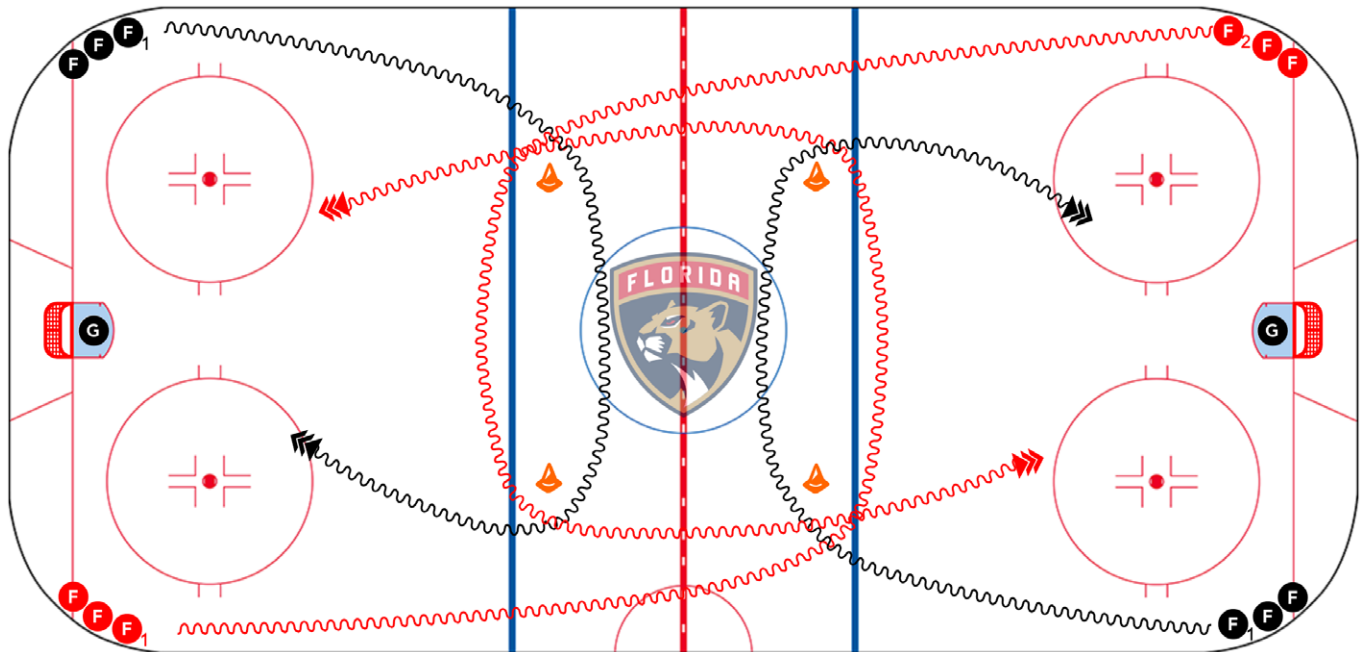
2022-23 NHL Season - #17

HIGH — LOW SHOOTING

Category: Shooting

Team: Florida Panthers

- Description:**
- All 4 players leave on the whistle
 - **F1**s skates hard with puck around the low cones
 - **F2**s skates hard with puck around the high cones
 - Alternate sides



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