

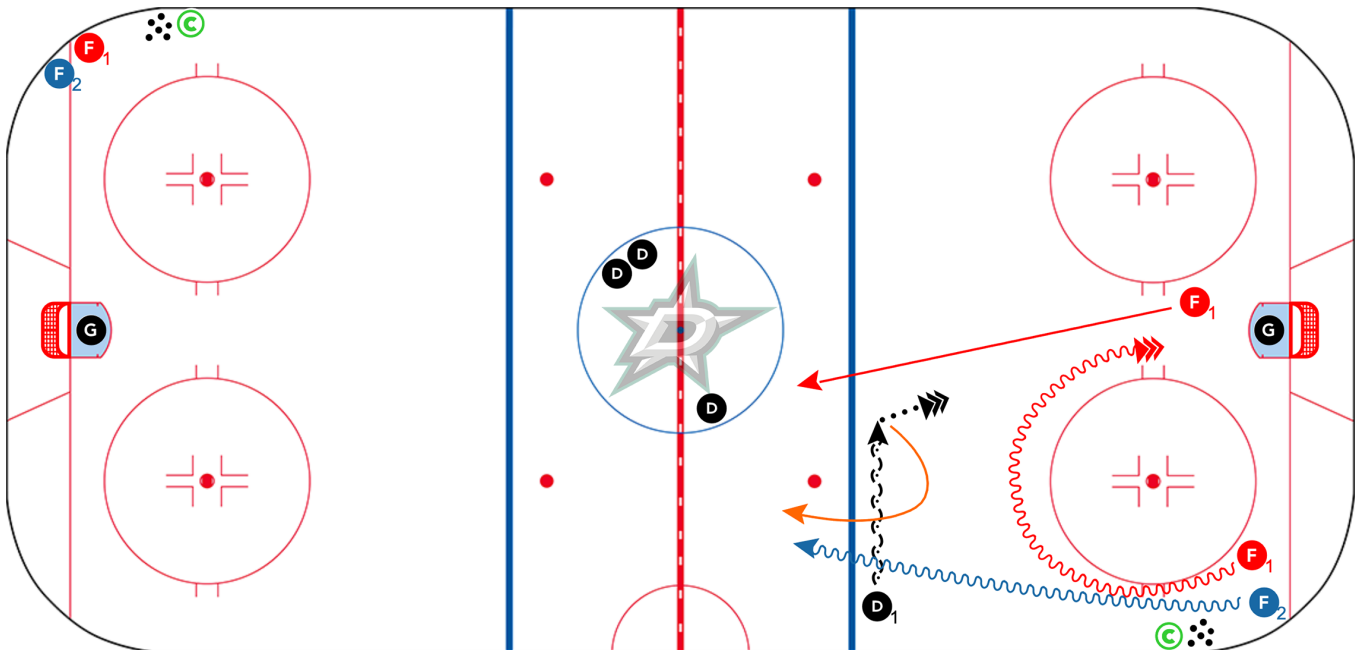
# NHLCA FEATURE DRILL

OCTOBER 1, 2023

## HALIFAX TRACKER

- Category:** Forecheck
- Team:** Dallas Stars
- Description:**
- 1st whistle **F1** hitch up wall/drive net for shot/ stop at net. **D** walks the line with a puck and takes a shot on net.
  - 2nd whistle: **F2** attacks up ice. **D** surfs up, **F1** back checks.
  - **D1** and **F1** read the rush trying to kill the play in NZ with pressure to the puck dot to boards and inside dot line support.
  - Drill ends when **D1/F1** recover puck and skate puck into NZ → Both ends go at the same time.

Surfs Up: "Going forwards toward a player then transitioning backwards"



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