NHLCA FEATURE DRILL

DECEMBER 1, 2023

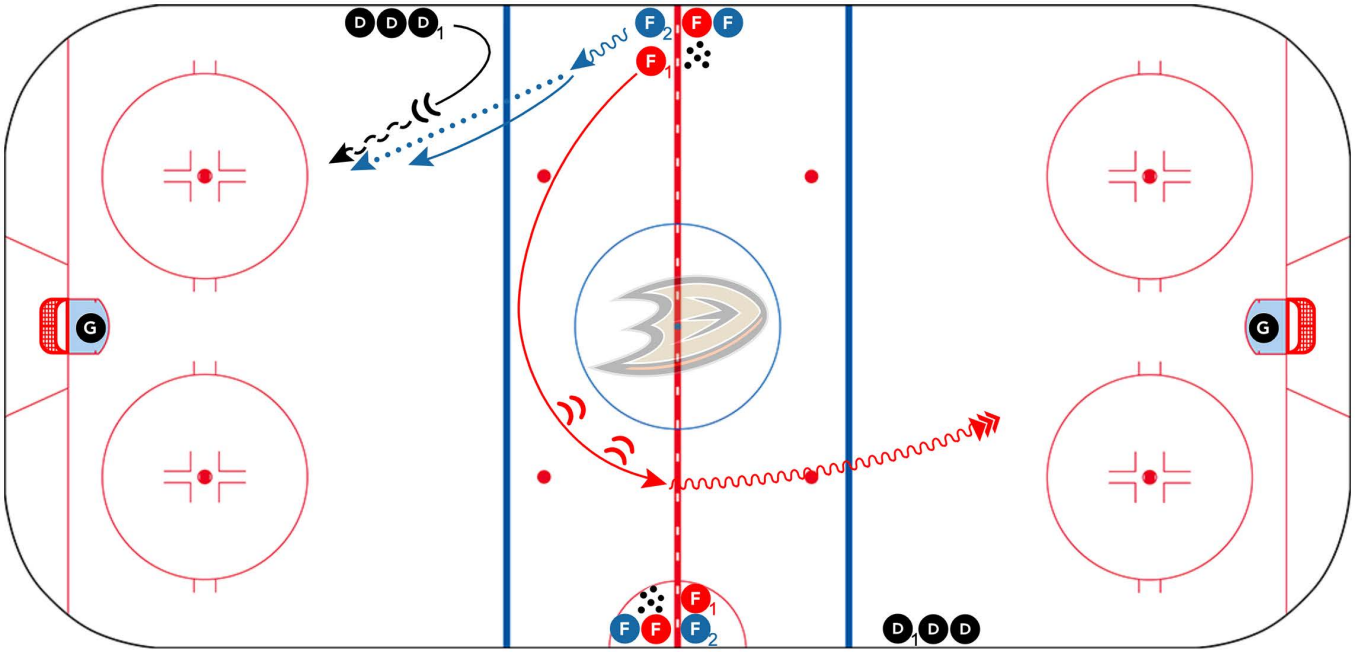
OPEN UP DRILL

Category: Warm-Up

Team: Anaheim Ducks

Description:

- F2 → passes to D1 and provides token pressure on the play.
- F1 → opens up.
- D1 → pass to F1 who goes straight down the ice for a shot.
- F2 becomes F1 and the drill becomes continuous.



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