

# NHLCA FEATURE DRILL

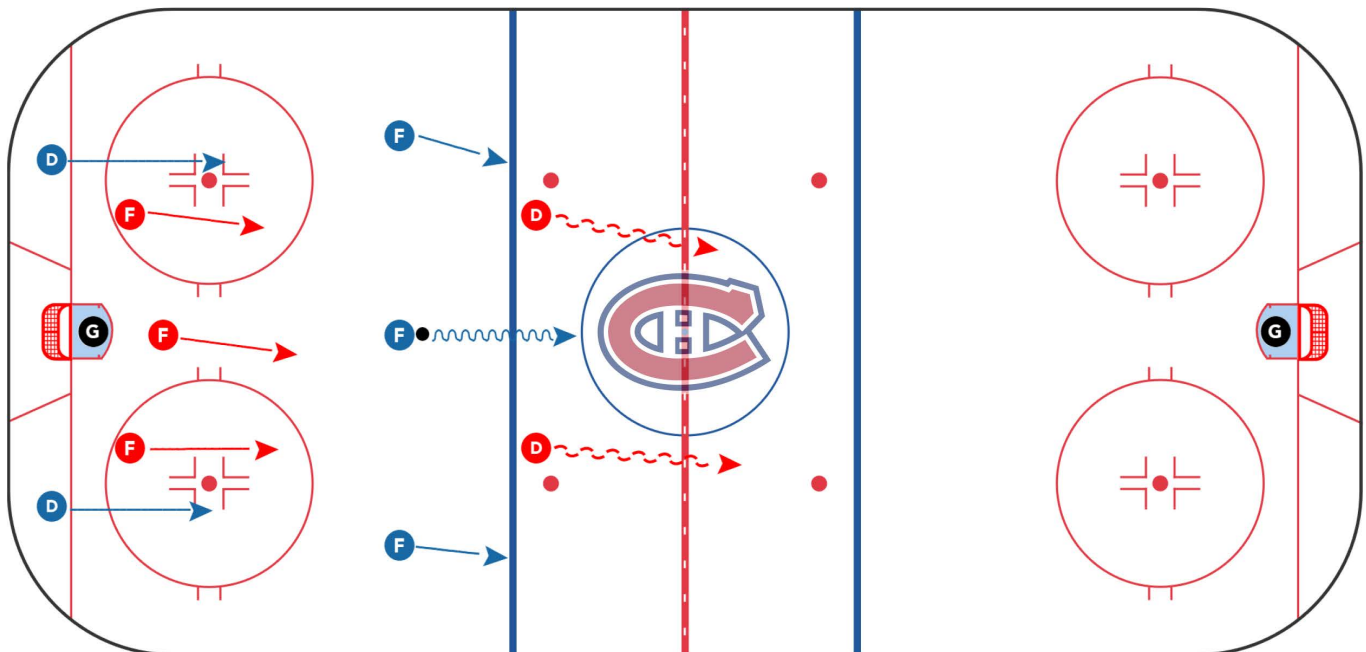
FEBRUARY 1, 2024

## BACK PRESSURE TO D ZONE HABS

**Category:** 1 on 1 / 2 on 1 / 3 on 2

**Team:** Montreal Canadiens

- Description:**
- On whistle, Drill is 5 vs 5.
  - Full line attacks 2 def, where other line tracks and def join rush.
  - Blue attacks and red tracks.
  - **Coach** follows up with 2nd puck.



© 2024 NHL Coaches' Association, Inc. The material may not be reproduced or distributed, in whole or in part, without the prior written permission of the NHLCA. Any other reproduction or distribution, in whatever form and by whatever media, is expressly prohibited without the prior written consent of the NHLCA. NHL and the NHL Shield are registered trademarks of the National Hockey League. All NHL logos and marks and NHL team logos and marks depicted herein are the property of the NHL and the respective teams and may not be reproduced without the prior written consent of NHL Enterprise, L.P. © NHL 2024. All Rights Reserved. Used with permission.