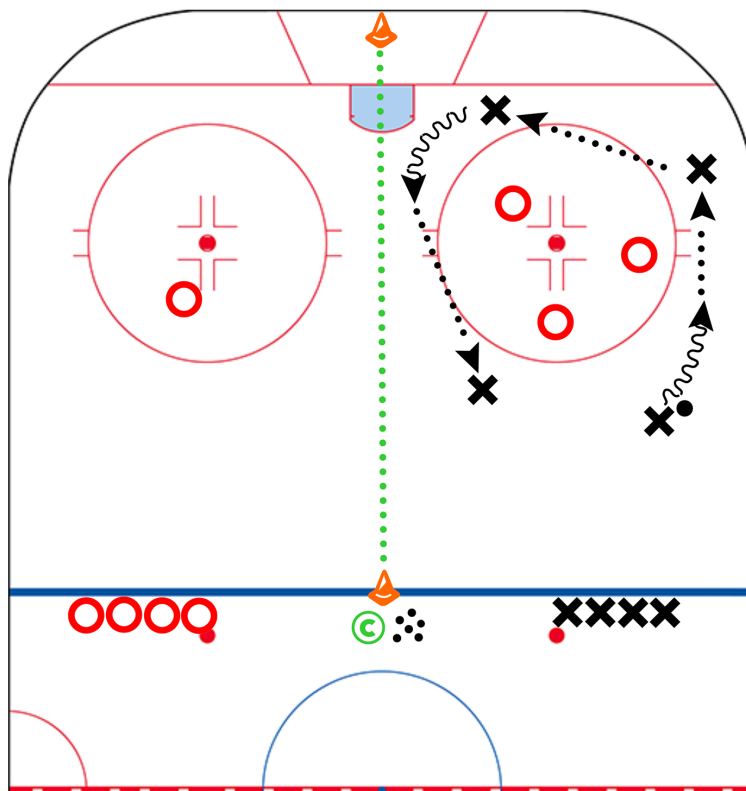


NHLCA FEATURE DRILL

MARCH 15, 2024

POSSESSION GAME

- Category:** Small Area Drills & Games
- Team:** Nashville Predators
- Description:**
- Red vs Black — this drill emphasizes defensive fundamentals like SOP, 1 vs 1 defense at the puck, playing through hands, stripping pucks. Offensively it emphasizes puck protection and puck support.
 - Starts with coach dumping a 50/50 puck. The team that gains possession plays keep away 4 vs 3 half ice.
 - If black gains initial possession the 4th red player must stay on the other side of the line. For red to go on offence they must gain possession and skate/carry puck across the half ice line before passing it to 4th red player to activate them.



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